

[Digitalization and Sustainable Development: AI-ML Tools for Sustainability]

[Duration: Contact hours/Self-study]

[Class Days/Times/Timezone]

[Location/Online(Synchronous/Asynchronous)]

**Course Overview:** *Welcome to “Digitalization and Sustainable Development: AI-ML Tools for Sustainability” (EQF 7). This advanced course explores how digital transformation—particularly through artificial intelligence (AI) and machine learning (ML)—can accelerate sustainability goals in the built environment. By analyzing real-world cases, focusing on practical AI/ML techniques (supervised vs. unsupervised learning), and introducing basic NLP (Transformers, vector databases), participants will gain the multidisciplinary skill set required to excel in sustainability-focused digital projects.*

|                    |   |
|--------------------|---|
| Title              | Digitalization and Sustainable Development: AI-ML Tools for Sustainability  |
| Code               |   |
| EQF Level          | 7   |
| Conduct mode       | Online (Synchronous + Asynchronous)   |
| Aims of the Course | <p><i>Short description</i> • Equip participants with practical AI/ML skills (supervised, unsupervised, basic NLP) tailored to sustainability challenges in the built environment.</p> <ul style="list-style-type: none"> <li>• Foster data-driven decision-making by guiding learners to design, implement, and communicate digital solutions that address resource efficiency, environmental impact, and policy needs.</li> <li>• Develop ethical and stakeholder awareness, ensuring responsible adoption of digital technologies aligned with SDGs and relevant regulations.</li> </ul> |
| Learning Methods   | <ul style="list-style-type: none"> <li>• <b>Lectures &amp; Seminars:</b> Introduce theoretical concepts and frameworks in AI/ML and sustainability.</li> <li>• <b>Hands-On Workshops:</b> Practical coding sessions in Python/R for data handling, model building, and NLP tasks.</li> </ul>  |



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|                   | <ul style="list-style-type: none"> <li>• <b>Case Studies &amp; Problem-Based Learning:</b> Real-world sustainability scenarios (energy optimization, policy analysis) to strengthen problem-solving and collaboration.</li> <li>• <b>Project Work:</b> Capstone or group projects tackling a specific sustainability challenge, culminating in a presentation or report.</li> <li>• <b>Discussions &amp; Peer Feedback:</b> Regular interaction among learners to exchange ideas, refine solutions, and cultivate critical thinking.</li> </ul>   |
| Learning Outcomes | <p>By the end of this course, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. <b>Apply</b> supervised and unsupervised ML algorithms to analyze sustainability data (energy, resources, environment).</li> <li>2. <b>Experiment</b> with basic NLP methods (Transformers, vector databases) to parse policy or sustainability documents.</li> <li>3. <b>Evaluate</b> ethical, social, and regulatory dimensions of digital solutions in sustainability projects.</li> <li>4. <b>Formulate</b> data-driven proposals that address real-world challenges in the built environment, aligning with SDGs.</li> <li>5. <b>Communicate</b> insights effectively to stakeholders, bridging technical details with sustainability objectives.</li> </ol> |
| Prerequisites     | <ul style="list-style-type: none"> <li>• <b>Bachelor’s (EQF Level 6) in a related field</b> (e.g., environmental science, engineering, computer science, economics, sustainability management, natural sciences), <b>OR</b> equivalent professional experience</li> <li>• <b>Proficiency in English</b> and <b>basic computer skills</b> (spreadsheets, online tools)</li> <li>• <b>Basic knowledge</b> of mathematics and data analysis (recommended)</li> <li>• Familiarity with <b>Python or R</b> is <b>highly recommended</b></li> </ul>   |



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| Course structure:<br>outline of sessions | <i>e.g. Weekly schedule with titles</i>                          |
| Learning Resources                       | <i>e.g. Books, Videos, Online Material (as a reference list)</i> |
| Assessment methods                       | <i>e.g. Written exam XX%</i><br><i>Presentation XX%</i>          |
| Language                                 |  |

### Course Description

*This EQF Level 7 course, Digitalization & AI-ML Expert in Sustainability, is designed to equip participants with practical AI-ML skills for tackling environmental and resource-management challenges in the built environment. Delivered online (mix of synchronous sessions and asynchronous tasks), it covers supervised and unsupervised learning, an intro to NLP (Transformers, vector databases), and ethical & policy considerations. Students will engage in project work, analyzing real-world data and proposing solutions aligned with sustainability goals (SDGs). The course suits professionals or advanced learners seeking to integrate digital solutions with sustainable development objectives.*

### Learning Outcomes & Expectations

- **Apply** ML techniques (supervised, unsupervised) and basic NLP to sustainability data.
- **Design** small-scale AI solutions to address energy/resource efficiency or policy mapping in the built environment.
- **Evaluate** ethical, social, and regulatory aspects of digital transformation, particularly in green contexts.
- **Communicate** findings effectively, bridging technical insights with stakeholder-friendly narratives.



- **Collaborate** on capstone projects, demonstrating both independent research and teamwork in data-driven sustainability.

**Detailed Description of the Course Schedule:**

**Table 1 Sample Course Schedule**

| Week & Topic   | Description of session  | Assignment / Coursework   | Assignment Deadline (Date/Time) |
|--|---|---|---------------------------------|
| Week 1: Intro to Digitalization & Sustainability       | Overview of sustainability challenges (SDGs, circular economy) and the role of AI-ML in the built environment | Reflection: short piece describing a local sustainability challenge + potential digital solutions | End of Week 1                   |
| Week 2: Supervised Learning Fundamentals               | Introduction to classification/regression basics; short coding demos (Python/R)                               | Online Quiz: core AI-ML concepts (multiple-choice & short-answer)                                 | End of Week 2                   |
| Week 3: Unsupervised Learning Basics                   | Clustering, dimensionality reduction for resource/energy data; ethical considerations (bias/fairness)         | Workshop Exercise: analyze a small dataset using clustering                                       | End of Week 3                   |
| Week 4: Data Ethics & Regulatory Frameworks            | Privacy, bias, fairness; relevant EU directives/regulations for AI in sustainability                          | Discussion Post: evaluate an ethical scenario case study  | Mid-Week 4                      |
| Week 5: Tools & Platforms for ML                       | Hands-on workshops (Python/R) for data handling, simple feature engineering, model evaluation                 | Practical Task: data wrangling and basic ML model setup   | End of Week 5                   |
| Week 6: Introduction to NLP: Transformers & Vector DBs | Basic NLP tasks (tokenization, embeddings),   | NLP Assignment: experiment with text embedding on a short   | End of Week 6                   |



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|   | fundamentals of Transformer models, storing embeddings in vector databases                          | policy or sustainability document  |                            |
| Week 7: Workshop: NLP & Policy Documents            | Applying NLP to parse sustainability/policy documents; analyzing textual data for insights          | Mini-Project Proposal: outline group/individual ML/NLP project addressing a sustainability problem | End of Week 7              |
| Week 8: AI in Energy & Resource Management          | Case studies on resource optimization, data analytics for energy/circular economy                   | Project Concept Submission: identify data sources, approach, and expected outcomes                 | End of Week 8              |
| Week 9: Project Development: Mid-Review             | Group/individual project proposals; peer feedback + instructor guidance                             | Mid-Project Slides: partial results + next steps   | During Week 9              |
| Week 10: Policy & Stakeholder Engagement            | Communication strategies, aligning project results with policy/regulations, stakeholder mapping     | Reflection: short memo on stakeholder alignment  | End of Week 10             |
| Week 11: Advanced Work on Projects + Ethical Review | Refining solutions, verifying approach meets ethical/regulatory standards                           | Draft Final Project: incorporate feedback, finalize approach                                       | End of Week 11             |
| Week 12: Final Project Presentations                | Formal presentations of solutions, Q&A, group discussion  | Final Submission: written report + 15-minute presentation  | Presentation Day (Week 12) |
| Week 13: Wrap-Up & Future Outlook                   | Course reflection, potential next steps (further education, advanced modules), optional exit survey | Post-Course Reflection: summarize learning outcomes  | End of Week 13             |



## Learning Resources:

Below is a **compiled list of open-access resources** for **R** and **Python**, including books that cover data science fundamentals, machine learning, and natural language processing. All are **free** and can be accessed online.

### **R for Data Science (2nd Edition)**

- **Author(s):** Hadley Wickham, Mine Çetinkaya-Rundel & Garrett Grolemund
- **URL:** <https://r4ds.hadley.nz/>
- **Overview:**
  - Introduces data science workflows in R (data import, tidying, visualization, modeling).
  - Ideal for anyone seeking a systematic approach to data analysis in R.

### **Natural Language Processing with Python (NLTK Book)**

- **Authors:** Steven Bird, Ewan Klein, and Edward Loper
- **URL:** <https://www.nltk.org/book/>
- **Overview:**
  - Focuses on text analysis using the Natural Language Toolkit (NLTK) in Python.
  - Covers corpora handling, tokenization, tagging, classification, and more.

### **Python Data Science Handbook**

- **Author:** Jake VanderPlas
- **URL:** <https://jakevdp.github.io/PythonDataScienceHandbook/>
- **Overview:**



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- Explores core Python libraries for data science (NumPy, pandas, matplotlib, scikit-learn).
- Includes practical code examples and in-depth explanations.

### **Applied Machine Learning in Python: A Hands-on Guide with Code**

- **Author:** Michael J. Pyrcz (University of Texas at Austin)
- **URL:** [https://geostatsguy.github.io/MachineLearningDemos\\_Book/intro.html](https://geostatsguy.github.io/MachineLearningDemos_Book/intro.html)
- **Overview:**
- Offers free, online chapters with workflows and examples in Python.
- Covers probability concepts, data loading, feature transformation, and practical ML.

### **scikit-learn Documentation (Machine Learning in Python)**

- **URL:** <https://scikit-learn.org/stable/>
- **Overview:**
- Official documentation for scikit-learn, a widely used Python ML library.
- Contains tutorials, examples, and API references for classification, regression, clustering, etc.

### **Speech and Language Processing (3rd Edition Draft)**

- **Authors:** Daniel Jurafsky & James H. Martin
- **URL:** <https://web.stanford.edu/~jurafsky/slp3/>
- **Overview:**
- A comprehensive NLP text covering text processing, language models, classification, embeddings, and more.
- Regularly updated draft chapters are freely available.

#### **Assessment methods:**



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### **Written Exam (30–40%)**

- *Format:* Multiple-choice & short-answer questions
- *Coverage:* ML fundamentals (supervised/unsupervised learning), basic NLP, sustainability frameworks (SDGs, circular economy)
- *Duration:* ~60–90 minutes, passing mark  $\geq 60\%$
- *Rationale:* Ensures a solid theoretical understanding of both AI concepts and sustainability contexts

### **Project or Practical Assessment (30–40%)**

- *Format:* Group or individual project applying AI/ML to a sustainability challenge (e.g., energy optimization, policy text analysis)

#### *Deliverables:*

1. **Short written report** outlining objectives, methodology, data sources, results, and conclusions
2. **Presentation** (10–15 minutes) demonstrating solution approach and outcomes

- *Rationale:* Evaluates real-world application, teamwork, and technical proficiency

### **Participation & Presentations (20–30%)**

#### *Components:*

- Weekly or milestone-based oral presentations
- Peer feedback sessions and discussions in forums
- *Rationale:* Encourages active engagement, collaboration, and continuous knowledge exchange

### **Instructors and Office hours:**

Primary Instructor: Dr. Georgios Feretzakis

Instructor's name: Dr. Georgios Feretzakis



Instructor's email: [gferetzakis@aueb.gr](mailto:gferetzakis@aueb.gr)

Office Hours:

Secondary Instructor: Dr. Dimitrios Karapiperis

Instructor's name: Dr. Dimitrios Karapiperis

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Office Hours:



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